

Winter Walking and Wheeling Challenge!

Record your walks for a week for a chance to **win a £50 shopping voucher**

Monday

What you enjoyed:

Tuesday

What you enjoyed:

Wednesday

What you enjoyed:

Thursday

What you enjoyed:

Friday

What you enjoyed:

Saturday

What you enjoyed:

Sunday

What you enjoyed:

Record your stroll every day for the week and you will be entered into our prize draw to **win a £50 shopping voucher!**

Once completed, email a record of your walks and what you enjoyed the most to **westmidlands@sustrans.org.uk**. Please include the first 3 digits of your postcode.

It doesn't matter how far you have walked, all participants who complete the challenge will be entered!

Send us a photo of your walk for an Extra entry!



Winter Walking and Wheeling Challenge

FAQS

Who can enter?

Anyone living in Birmingham, Coventry, Dudley, Sandwell, Solihull, Walsall or Wolverhampton who would like to spend more time walking or wheeling around their local neighbourhood.

How do you enter?

The competition runs between 1st December 2023 to 7th January 2024. Complete your walks during this time and send a picture of the filled-in walk tracker, or you own version of a walking log to westmidlands@sustrans.org.uk **You must also include the first 3 digits of your postcode in the email.**

How do you win?

The competition will close on 07/01/24 one winner from each local authority will be chosen at random and contacted via email before 14/01/24.

How do we protect and store your data?

You can enter a photo and a quote for an extra entry. If you consent for these to be published in our promotional materials online for this project, then please complete the online photo consent form when you submit your entry. We will not disclose your name when publishing. All other personal data will be deleted after the competition has ended. For more information about how we store data, how to get in touch, and your rights under the UK GDPR, please see our privacy notice at: www.sustrans.org.uk/privacy

How do I get an extra entry?

If you would like an extra entry, you can send us a photo of your walk, along with a sentence about what you enjoyed the most. If you would like to do this, we ask that you first fill in our online photo consent form at <https://www.sustrans.org.uk/sustrans-photo-consent-form>

Enjoyed this walking challenge? Try the Go Jauntly App!



With the Go Jauntly app is so simple to get out in the fresh air for a walk to explore the many green spaces, parks, paths and canals of Sandwell.

So simply grab friends and family and head outdoors! If the kids won't leave home without their phone that's ok too, as with the brilliant Go Jauntly app a phone is required to see the range of guided walk routes.

Join your fellow, walk loving Sandwell residents and download the **FREE Go Jauntly App**.

The FREE Go Jauntly app available on Android and IOS allows you to;

- Discover an online collection of walks with easy to follow pictures and directions.
- Create your own walks. What's your favourite walk? Don't keep it to yourself, share it with us all.
- Enjoy outdoor adventures and nature right here in Sandwell.

Visit **<https://www.gojauntly.com/>** to download the FREE app now and take your first steps to walking more in Sandwell.

Enjoy following the walks already part of the Sandwell Stride collection, plus please create your own walk and add it to the collection so we can all enjoy it!